

DIVISIONS, EVENTS & FEES

Little Tigers Division: For gups 10, 9, 8 & 7; ages 4 to 6. Events: Star Form, Board Break (using side kick, special boards provided at no cost), Belt Sparring. Little Tigers may not compete in Regular divisions, nor may Regular division students compete as Little Tigers. Registration is \$65 for all three events.

Regular Divisions: Children, Juniors and Adults with Forms, Board Breaking, and Sparring divisions. Registration entry fees are \$65 for any or all events, \$10 extra for weapons.

*** **all competitors must be pre-registered.**

AWARDS

Little Tigers: Trophies (1, 2, 3 and 4th) to every competitor in each event in which they participate.

Children and Juniors: Trophies to 1st, 2nd and 3rd place.

Adults: Trophies to 1st, 2nd and 3rd place.

Championships: Special trophies will be awarded to:

- Children's Overall Champion
- Junior Girl's Overall Champion
- Junior Boy's Overall Champion
- Women's Overall Champion
- Men's Overall Champion

Overall Championships Eligibility: Contestants must hold a red or black belt (or equivalent), compete in all three events in a Black Belt division AND Black Belts age 16 and older must assist with judging throughout the tournament.

Must be present and in uniform to be awarded

Championship Trophy. Trophy will be awarded at the end of competition. Unfavorable verbal or physical actions will result in ineligibility for the Overall Championships.

STAGING INFORMATION

Little Tigers: Staged in groups of 4 or less.

Regular Divisions: No groups will be larger than 16 or smaller than 2. Officials may adjust the size and make-up of groups for safety and competitiveness.

Belt Rank Equivalents:

- White/Yellow Gups 10, 9, 8 and 7
- Green/Blue Gups 6, 5, 4 and 3
- Red Gups 2 & 1
- Black All Dans

TOURNAMENT SCHEDULE

Doors will open at 8:00 AM

BLACK BELT MEETING 8:30 AM

LITTLE TIGERS

COMPETE AT 9:00 AM

- **Star Form**
- **Board Break**
- **Belt Sparring**

WHITE/YELLOW BELTS ALL AGES

COMPETE AT 10:00 AM

- **Forms**
- **Board Break**
- **Sparring**
- **Weapons Form**

GREEN/BLUE BELTS ALL AGES

COMPETE AT 11:00 AM

- **Forms**
- **Board Break**
- **Sparring**
- **Weapons Form**

12:00 – 1:00 PM – Lunch break for Referees, Judges and ABBA Volunteers-lunch provided for this group only.

RED/BLACK BELTS - age 15 and under

COMPETE AT 1:00 PM

- **Forms**
- **Board Break**
- **Sparring**
- **Weapons Form**

RED/BLACK BELTS - age 16 and over

COMPETE AT 9:00 AM

- **Forms**
 - **Board Break**
- COMPETE AT 1:00 PM**
- **Sparring**
 - **Weapons Form**

RULES & SCORING

Clean and proper martial arts uniforms required. All competitors are expected to behave in a manner befitting a martial artist.

FORMS

Scoring based on: accuracy, breath control, focus, timing of the movements, power, balance and relaxation.

BOARD BREAKING

Two attempts allowed per station. Scoring based on: difficulty, power, speed, accuracy, relaxation, balance, reflex action, distance, positioning, and number of attempts. The maximum number of boards allowed per competitor are:

- Ranks 10, 9, 8 & 7 1 board
- Ranks 6, 5, 4 & 3 2 boards
- Ranks 2 & 1, all Dans 3 boards

Boards must be 1"x12" pine. **Competitors in Regular divisions supply their own boards.** Board width may be: 4", 6", 8", or 10". Boards are subject to review by officials. Shaved or planed boards, unsuitable boards or **the use of spacers are not allowed.** Officials may prohibit a break if they feel the attempt jeopardizes the safety of the competitor. Competitors attempting multiple breaks at a station need extra boards in case of a partial break.

Breaking techniques using the head are not allowed. If deemed safe, competitors may use obstacles, or may have board holders stand on chairs or platforms. However, using trampolines, spring boards, platforms or people to aid in jumping or leaping are prohibited.

SPARRING

Authorized Areas and Technique:

- Head: all areas above the neck *except the face* — light contact foot attacks ONLY.
- Body: the front area covered by the chest protector below the neck, above the belt and side seam forward.

Scoring: Points awarded only if attacks are executed with proper posture, balance and technique. Contact must be made in an eligible area for points to be awarded. No points awarded if a competitor falls after executing an attack.

However, points may be awarded if an attacker falls after being pushed by the opponent.

- Foot Attack: Two points for a successful attack to the authorized head area. One point for a successful attack to the authorized body area.
- Hand Attack: One point for a successful attack to the authorized body area. Punches must be closed fist straight or reverse punch.

Mandatory Sparring Equipment

Head protector, mouth guard, shin/instep or instep protectors, fist/forearm protectors or fist protectors, chest protector (**provided by the competitor**). Males must have a protective cup worn under uniform.

Excessive Contact

In case of excessive contact, as determined by the referee and judges, the following shall occur:

1. First infraction: a warning with no awarding of point(s).
2. Second infraction: no awarding of point(s) and the loss of two points for the offender.
3. Third infraction: disqualification of the offender.

Immediate Disqualification

A competitor shall be immediately disqualified for any of the following:

1. Unsportsmanlike conduct.
2. Injuring the opponent by malicious attack.
3. Injuring the opponent by illegal technique.
4. Intentionally attacking unauthorized area.

Illegal Techniques:

Open hand techniques, hand attacks to the head or neck, holding an opponent, continued attacks from a clinching form, attacks to unauthorized areas of the body, attacks from the floor, sweeps and takedowns:

Length of Match: Each match is two minutes. When a point is called, the match will be stopped by the referee and the point determined. The clock does not stop while points are determined. High score wins. In case of a tie, a one-minute sudden death overtime period will determine the winner. If a point has not been scored in that time period, the referee and judges shall determine the winner.

WEAPONS

1. Bladed weapons must be dull edged
2. Scoring based on: Control of weapon, breath control, focus, timing of the movements, power, balance and relaxation.

Traditional weapons form includes any weapon that can be found in the martial arts, can be considered a weapon and is taught at the practitioner's martial art school, and does not include any of the movements listed under Non-traditional weapons form.

Open weapons form may include the following:

- Movements that involve more than a 360 degree spin

- Movements that require the body to be inverted more than parallel to the floor
- more than two kicks with the same leg without putting the foot down in between
- front or back flips; cartwheels; front or side leg splits
- releases of the weapon other than simple hand switches
- any gymnastic movements or extreme exhibitions of flexibility or agility with the body (**Forward Roll is a legal Traditional Technique)

NOTE: The Tournament Director has the final decision in case of controversy. By participating in the ABBA Tournament, each competitor agrees to abide by the Director's decisions.

ADDITIONAL INFORMATION

No food will be for sale.
Lunch will be provided for Volunteers, Judges and Referees.

SPECTATOR ADMISSIONS

Adults (16 years & older)	\$5
Children (age 5 to 15)	\$3
Children (under 5 years)	Free

ALL competitors and spectators are expected to behave respectfully, and obey the rules of Lourdes Academy and the Tournament Officials. No food or drinks may be consumed in the gymnasium. In accordance with Wisconsin State Law, **Smoking or the use of any tobacco products are prohibited anywhere on Lourdes Academy grounds.**

DIRECTIONS

Lourdes Academy is located at 110 N. Sawyer St. – Oshkosh, WI.
Parking is available on the side street (Josslyn St.) and parking lot. Enter thru side door on Josslyn St.

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208 State Street, Oshkosh, Wisconsin 54901
920-232-9700

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THE 36th ANNUAL AMERICAN BLACK BELT ACADEMY INVITATIONAL TAE KWON DO TOURNAMENT

Saturday, May 4, 2024

Venue location: Lourdes Academy
110 N. Sawyer St. – Oshkosh, WI

Competitor's Guide

Online PRE-Registration only. No registrations will be accepted at the door. Registration closes at midnight 04.26.24

Registration link: www.abbakick.com

